



# Newborn Feeding Practices and Support in Gauteng, South Africa (Paperback)

By Mimie Margaretha Jordaan, Adjunct Professor and Head Division of Community Paediatrics Departments of Paediatrics and Child He

LAP Lambert Academic Publishing, Germany, 2011. Paperback. Book Condition: New. 220 x 150 mm. Language: English. Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Although breastfeeding is a key child survival strategy, breastfeeding practices in South African health institutions can generally be categorised as being poor. This cross-sectional study aimed to document practices around breastfeeding support and compliance with the Baby-Friendly Hospital Initiative s 10 steps to successful breastfeeding. Suboptimal practices were identified in both baby-friendly accredited and non-accredited facilities, but more so in the latter. None of the facilities passed all 10 steps. Steps that required advice and support from nursing staff namely step 5 (showing mothers how to breastfeed), step 8 (encouraging breastfeeding on demand), and step 10 (breastfeeding support after discharge from the facility) were particularly poorly done in the majority of facilities. Babyfriendly certified institutions were significantly better than nonaccredited facilities for steps 2 (training), 4 (initiating breastfeeding within 1 hour), and 7 (rooming-in). Baby-Friendly Hospitals could not maintain their accredited status on this assessment. However, some good practices appeared to be more sustainable over time.



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