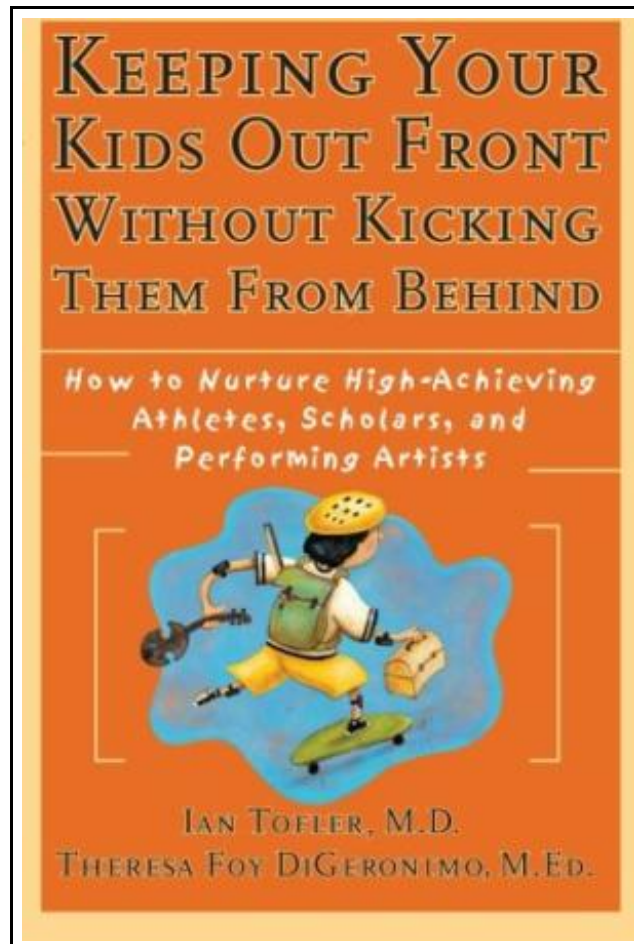


# Keeping Your Kids Out Front Without Kicking Them From Behind: How to Nurture High-Achieving Athletes, Scholars, and Performing Artists



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*(Leanne Cremin)*

## KEEPING YOUR KIDS OUT FRONT WITHOUT KICKING THEM FROM BEHIND: HOW TO NURTURE HIGH-ACHIEVING ATHLETES, SCHOLARS, AND PERFORMING ARTISTS



Jossey-Bass, 2000. Book Condition: New. Brand New, Unread Copy in Perfect Condition. A+ Customer Service! Summary: Introduction. AN UP-CLOSE LOOK AT PARENTS AND CHILDREN. Debating What is Best for Our Children. From Benign to Abusive. A SEVEN-STEP PROGRAM FOR ENCOURAGING AND PROTECTING HIGH-ACHIEVING CHILDREN. Step 1: Define and Evaluate "Talent" Why Evaluate Talent?; Six Points of Talent Evaluation; Advice from the Experts. Step 2: Selecting Classes, Schools, and Camps that Cater to High-Achieving Children Evaluate Four Motives for Special Training: 1) Improvement of Skill, 2) Supportive Environment, 3) Elite Exposure, 4) Resume Building; and Advice From the Experts. Step 3: Beware Abusive Instructors Avoiding the Win-At-Any-Cost Instructor; The Burden of Star Makers; Understanding The Verbal Batterer; The Danger of the Parent Substitute; Beware the Sexual Abuser; Advice from the Experts. Step 4: Weigh the Cost of Sacrifice Childhood Sacrifices; Parental Sacrifices; Sibling Sacrifices; Advice from the Experts. Step 5: Look Beyond the Talent Into the Future Look Beyond the Talent; Look Where You're Going; Beware the Downside of Competition; Watch Those Social Skills; Minimize Chronic Stress; Nurture Your Parent/Child Relationship; Advice from the Experts. Step 6: Beware the Red Flags of Achievement by Proxy Distortion Burnout; Over-training; Depression; Psychological Pain and Illness; Eating Disorders; Substance Abuse; Answering a Cry For Help. Step 7: Take a Good Look at your Parenting Style Autocratic Controller; Narcissistic and Needy; Financially Hungry; Overly Competitive; Frustrated Wanna-Be or Has-Been; Living in Denial; Untangling the Roots of ABPD; Encourage and Support. Epilogue. Chapter Notes.

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