



7 Ways to Think Differently: Embrace Potential, Respond to Life, Discover Abundance

By Looby Macnamara, Chris Johnstone

Permanent Publications. Paperback. Book Condition: new. BRAND NEW, 7 Ways to Think Differently: Embrace Potential, Respond to Life, Discover Abundance, Looby Macnamara, Chris Johnstone, This book explores ways to address personal, social and environmental concerns in simple practical steps in our daily lives. It explains how individuals and communities can work together to achieve positive change. It discusses the current political and mainstream paradigms and where they are leading us. The thoughts and actions of people past and present have determined the current state of our planet. If we change our thinking, we can change the health of our own lives, and also the future state of our world. 7 Ways to Think Differently explores ways to address personal, social and environmental concerns in simple practical steps in our daily lives, helping us to make incremental, achievable changes. As well as addressing our internal landscapes, Looby explains how individuals and communities can work together to achieve positive change. She also explores the current political and mainstream paradigms and where they are leading us.



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