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DO ONE THING EVERY DAY THAT SCARES YOU



Random House USA Inc, United States, 2014. Diary. Book Condition: New. 147 x 117 mm. Language: English . Brand New Book. Each day is an opportunity to perform one small act of bravery; singing out loud, asking for help, admitting a mistake, pitching an idea, accepting a compliment, changing your hair, going for the prize, failing spectacularly and trying agin. This journal contains a year s worth of fear-facing prompts and mottoes of encouragement. It provides space to jot down...

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- Authored by Robie Rogge
- Released at 2014



Reviews

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